

# What to Expect at Each Visit

## First Visit

- Orientation to the practice
- Assign due date
- Discuss prenatal vitamins
- Order labs and first ultrasound
- Get medical history

## About 30 weeks:

- Listen for fetal heart tones and check uterine size
- Weight, blood pressure, and tummy check
- Discuss glucose test results
- 3D/4D Ultrasound

## About 12 weeks (or second visit):

- Discuss prenatal laboratory testing
- Weight, blood pressure, and tummy check
- Listen for fetal heart tones
- Perform physical exam (if not already done)

## About 32 to 36 weeks:

- Listen for fetal heart tones and check uterine size
- Weight, blood pressure, and tummy check
- Check for the baby's position
- Group B strep culture of the vagina
- A cervical examination may be done

## About 16 weeks:

- Listen for fetal heart tones and check Uterine size
- Weight, blood pressure, and tummy check
- Alpha fetal protein and Cystic Fibrosis tests

## About 36 weeks:

- Listen for fetal heart tones and check uterine size
- Weight, blood pressure, and tummy check
- Urinalysis
- A cervical examination may be done
- Non stress test

## About 24 weeks:

- Listen for fetal heart tones and check uterine size
- Weight, blood pressure, and tummy check

## About 40 weeks:

- Listen for fetal heart tones and check uterine size
- Weight, blood pressure, and tummy check
- Urinalysis
- Non Stress test
- Cervical examination

## About 28 weeks:

- Listen for fetal heart tones and check uterine size
- Weight, blood pressure, and tummy check
- Order one-hour glucose test (fasting is not necessary)
- A Rhogam shot is given to patients who have Rh-negative blood type

Your visits may vary from this sample.